NICA

Volunteer Expectations

- ✓ Be present, energetic, and enthusiastic when working with the team!
- ✓ Riders' safety must be a priority at ALL times. It is imperative that we keep their safety in mind and make sound and conscious judgment calls about all activities.
- ✓ Enforce all rules and safe habits while riding in traffic.
- ✓ Enforce ride rules and trail etiquette.
- ✓ Ensure that the riders are behaving in a safe and respectful manner. If you see or hear something that compromises the safety of our environment (physical, mental, or emotional) please step in and intervene.
- ✓ You are a role model and authority figure. Even though it is great to build relationships with the kids, keep in mind that your primary role is to ensure the success and safety of the program.
- ✓ Set and maintain clear and appropriate boundaries with riders, especially when working with students of the opposite sex. At times a student may transgress boundaries but it is your job to (re)assert them. Take the professional high road at all times.
- ✓ Ensure that riders maintain appropriate boundaries with one another. Please listen and watch for inappropriate behavior, including teasing and sexual innuendo and joking.
- ✓ Use appropriate language when talking with riders.
- ✓ Watch out for social dynamics, particularly for kids who may be feeling left out or isolated. Help bring them into the group.
- ✓ If you have an issue or a concern, please bring it up to the Head Coach in a timely manner.
- ✓ Report any accidents or injuries to the Head Coach immediately.

✓ Share your [budding] passion for cycling. Enjoy yourself!

✓ Please be punctual for all practices and meetings.

Sign Name

- ✓ Work as a team. Communicate. Be open to giving and receiving feedback.
- ✓ Are not currently using any banned substances or performance enhancing drugs as listed by the USADA. Or are currently serving a suspension from competition.

Print Name	Date